

6th SOKE KUBOTA EURO CUP



**SUMY, UKRAINE
12-14.10.2018**

DEAR SENSEI

ALL-UKRAINIAN KARATE ASSOCIATION "IKA GOSOKU RYU BUDO" AS AN OFFICIAL REPRESENTATION OF THE INTERNATIONAL KARATE ASSOCIATION (IKA, INC) IN UKRAINE IS PLEASED TO INVITE YOU AND YOUR TEAM TO BECOME PARTICIPANTS OF 6TH INTERNATIONAL SOKE KUBOTA EURO CUP



THE PROGRAM OF THE TOURNAMENT INCLUDES INDIVIDUAL COMPETITIONS IN KATA, KOBUDO AND KUMITE.

ALL TEAMS OF KARATE AND BUDO FEDERATIONS AND CLUBS FROM UKRAINE, COUNTRIES OF EUROPE AND OTHER CONTINENTS ARE INVITED INDEPENDENT OF STYLE AND SPORTS ORGANIZATION.

TRADITIONALLY, BEFORE THE TOURNAMENT THERE WILL BE ORGANIZED SEMINARS ON GOSOKU-RYU KARATE AND BUDO, WHICH INVARIABLY CARRY OUT PERSONALLY **SOKE TAKAYUKI KUBOTA**, 10, DAN, CREATOR OF GOSOKU RYU STYLE, PRESIDENT OF THE INTERNATIONAL KARATE ASSOCIATION (IKA, INC), ACTOR AND DIRECTOR OF ACTION SCENES IN HOLLYWOOD, WORLDWIDE RECOGNIZED EXPERT ON POLICE TRAINING.

SOKE WILL TEACH GOSOKU RYU KATA AND KUMITE, THE ART OF THE JAPANESE SWORD, THE TECHNIQUE OF SELF-DEFENSE.

IN SEMINARS CAN PARTICIPATE ANY KARATEKA WHO HAS EXPERIENCE IN KARATE FROM 6 MONTHS

PLEASE INFORM US ABOUT YOUR INTENTION TO PARTICIPATE IN THE SEMINAR AND / OR COMPETITIONS BY E-MAIL uwku.gensec.lozovyy@gmail.com, AND INFORMATION ABOUT THE TOURNAMENT AND SEMINARS WILL BE SENT TO YOUR ADDRESS. THE INFORMATION WILL ALSO BE POSTED ON THE OFFICIAL WEBSITE OF THE IKA GOSOKU RYU BUDO-UKRAINE: www.ika-gosoku.com.ua

OSU!!!

ANATOLIY LOZOVYY, 5 DAN IKA, SHIHAN
OFFICIAL REPRESENTATIVE OF IKA, Inc &
CHIEF INSTRUCTOR OF GOSOKU RYU BUDO IN UKRAINE



IKA GOSOKU RYU BUDO – UKRAINE

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www.ika-gosoku.com.ua

6th SOKE KUBOTA EURO CUP
INTERNATIONAL GOSOKU RYU KARATE CHAMPOINSHIPS
GOSOKU RYU BUDO INTERNATIONAL SEMINARS BY SOKE TAKAYUKI KUBOTA
12-14.10.2018, UKRAINE, SUMY

ORGANIZERS

HEADQUARTERS OF THE INTERNATIONAL KARATE ASSOCIATION (IKA.Inc)
 ALL-UKRAINIAN KARATE ASSOCIATION "IKA GOSOKU RYU BUDO"
 PARTNERS: Concern "NICMAS", Sumy State University

BOARD OF REFEREES

COMPETITIONS INSPECTOR: **TAKAYUKI KUBOTA** (USA) - President of IKA.Inc
 CHIEF REFEREE **ROD KURATOMI** (USA) - International Category IKA.Inc
 DEPUTY CHIEF REFEREE **OLEG SHUKHMAN** (UKRAINE) - WUKF Continental Referee
 CHIEF SECRETARY **MYKOLA NEGRIY** (UKRAINE)

CERTIFIED KARATE AND BUDO JUDGES ARE WELLCOMEN!
 PARTICIPATION OF ALL JUDGES IN THE SEMINAR & BRIEFING IS NECESSARILY

DATE & PLACE OF COMPETITION

SATURDAY 13.10.2018		
Accreditation of the competitions participants	13-00 – 17-00	Sumy State University
Judges seminar	17-30 – 19-00	Sumy State University
SUNDAY 14.10.2018		
Judges briefing	8-15 – 8-45	sports hall of Sumy State University
Competition for the categories under 14 years	9-30 – 14-00	sports hall of Sumy State University
Competition for categories 14 and over years	14-00 – 18-00	sports hall of Sumy State University
Grand Champion Competition	18-00	sports hall of Sumy State University

CATEGORIES OF COMPETITION

KATA INDIVIDUAL

	MALE			FEMALE		
6-7	ALL-STILES			ALL-STILES		
8-9	ALL-STILES			ALL-STILES		
10-11	ALL-STILES	KOBUDO		ALL-STILES	KOBUDO	
12-13	GOSOKU	RENGOKAI	KOBUDO	GOSOKU	RENGOKAI	KOBUDO
14-15	GOSOKU	RENGOKAI	KOBUDO	GOSOKU	RENGOKAI	KOBUDO
	BUDO GRAND CHAMPION			BUDO GRAND CHAMPION		
16-17	GOSOKU	RENGOKAI	KOBUDO	GOSOKU	RENGOKAI	KOBUDO
	BUDO GRAND CHAMPION			BUDO GRAND CHAMPION		
18-34	GOSOKU	RENGOKAI	KOBUDO	GOSOKU	RENGOKAI	KOBUDO
	BUDO GRAND CHAMPION			BUDO GRAND CHAMPION		
35+	ALL-STILES			ALL-STILES		

KUMITE INDIVIDUAL

	MALE				FEMALE	
6-7	NIHON M 6		NIHON M 7		NIHON F 6-7	
8-9	NIHON M 8		NIHON M 9		NIHON F 8-9	
10-11	NIHON M 10		NIHON M 11		NIHON F 10-11	
12-13	NIHON M 12		NIHON M 13		NIHON F 12-13	
14-15	SANBON -60		SANBON 60+		SANBON -50	SANBON 50+
	KUMITE GRAND CHAMPION				KUMITE GRAND CHAMPION	
16-17	SANBON -65		SANBON 65+		SANBON -55	SANBON 55+
	KUMITE GRAND CHAMPION				KUMITE GRAND CHAMPION	
18-34	SANBON -60	SANBON -70	SANBON -80	SANBON 80+	SANBON -60	SANBON 60+
	KUMITE GRAND CHAMPION				KUMITE GRAND CHAMPION	
35+	SANBON				-----	



IKA GOSOKU RYU BUDO – UKRAINE

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PROGRAM OF SEMINARS

1 st seminar	GOSOKU RYU KARATE	GOSOKU RYU KATA & KUMITE	CHILDREN & 10-5 KYU
2 nd seminar	GOSOKU RYU BUDO	BOKKEN & KUBOTAKTICAL	6 KYU - DAN
3 rd seminar	GOSOKU RYU BUDO	KUBOTAN & KUBOTAKTICAL	6 KYU - DAN
4 th seminar	GOSOKU RYU KARATE	GOSOKU RYU KATA (highest level)	INSTRUKTORS

COMPETITION AND SEMINARS FEES

6 th SOKE KUBOTA EURO CUP	1 st category	15 EUR
	2 nd category	plus 10 EUR
	3 rd category	plus 5 EUR
	kata GOSOKU (as 2 nd or 3 rd category)	free
GOSOKU RYU SEMINARS	1 st seminar (GOSOKU RYU KARATE)	15 EUR
	2 nd seminar (BOKKEN & KUBOTAKTICAL)	25 EUR
	3 rd seminar (KUBOTAN & KUBOTAKTICAL)	25 EUR
	2 nd and 3 rd seminars	40 EUR
	4 th seminar (at the special invitation of the organizing committee)	free
VIDEO	in seminars or competitions area	100 EUR per camera

LOCATION OF COMPETITIONS AND SEMINARS



SPORTS HALL OF SUMY STATE UNIVERSITY (2, Rymyskogo-Korsakova st., Sumy)

TRANSPORT

from railway station: **troleibus** 12, 13, **bus** 61

from the bus station: **troleibus** 1, 2, **bus** 56, 61

from the city center: **troleibus** 1, 2, 7, 8, **bus** 4, 5, 54, 56

WE INVITE YOU TO SUMY!!!



IKA GOSOKU RYU BUDO – UKRAINE

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HOTELS

The organizing committee offers you a cheap and comfortable accommodation in the sports hotel of the Sumy State University:

OLYMPIC

(38/2, Prokofiev st, Sumy)

Accommodation rate without breakfast per person /night: 3-bed room up to **7 euro** and 2-bed room up to **10 euro** plus 50% reservation for first day.

FOR BOOKING ACCOMMODATION IN THE OLYMPIC HOTEL, PLEASE, **NOT LATER THAN SEPTEMBER 20** NOTIFY THE DATE OF ARRIVAL AND DEPARTURE OF YOUR TEAM AND SEND A LIST OF ALL YOUR MEMBERS TO ORGANIZING COMMITTEES ADDRESS:
uwku.gensec.lozovyy@gmail.com

LIMITED NUMBER OF SEATS!

AFTER SEPTEMBER, 20 WE WILL NOT BE ABLE TO HELP YOU, AND YOU WILL BE FORCED TO PLACE YOURSELF

THE ORGANIZING COMMITTEE RECOMMENDS HOTELS FOR INDEPENDENT RESERVATIONS

hotels can be booked via the Internet on the hotel's website or with the help of such links

<https://www.booking.com/city/ua/sumy.en>

<http://www.luxuryhotelsguides.com>

<https://qohotels.com.ua/en/>

"VOSKRESENSKIY" 15, Nezalezhnosti sq www.centre-hotel.sumy.ua city centre	«REIKARTZ» 1, Voskresenskaya str https://reikartz.com/en/hotel/s/sumy/ city centre	"SHAFRAN" 1/4, Zamostyanskaya str https://shafraan-hotel.phnr.com/en near to sport hall (600 m)	"ZDYBANKA" 7/1, Zalivna str http://www.zdybanka.com near the Psel river
"JUBILEJNAYA" 9/a, Privokzalnaya str near the railway station	"VIKING" 14, Prokofiev str near the Psel river	"KHIMIK" 14, Pselskaya str near the Psel river	"PAN" 1, Kuznechniy lane city centre

VIZA

IF YOU NEED A UKRAINIAN VISA FOR YOUR TEAM, PLEASE ASK FAST FOR THE TEAM LIST FOR THE OFFICIAL INVITATION. IN THE LIST MUST BE SUCH PERSONAL DATA FOR EACH SPORTSMAN:

1. Surname and name (as in the passport)
2. Date of birth
3. Sex
4. Passport number
5. Position in the team (athlete, coach, judge, official)

COMPETITION RULES OF GOSOKU RYU BUDO

KATA (short rules)

1. GENERAL

- 1.1. Kata competitions are an individual or group performance traditional technical complexes of different styles of karate (kata), or created by members the complexes which containing the idea of the real fight with multiple opponents
- 1.2. Kata competitions are held in the next categories:
 - 1.2.1. GOSOKU Only Gosoku Ryu styles kata;
 - 1.2.2. RENGOKAI kata of any traditional karate style (Okinawa, Japan), except Gosoku Ryu;
 - 1.2.3. ALL-STILES kata of any traditional karate style (Okinawa, Japan), including Gosoku Ryu;
 - 1.2.4. KOBUDO kata with traditional weapons (Okinawa, Japan).
- 1.3. Each participant can choose KOBUDO and one karate category: GOSOKU or RENGOKAI;
- 1.4. Category ALL-STILES used:
 - a. for age groups under 12 and over 35 years;
 - b. combining categories GOSOKU and RENGOKAI, if each is less than 4 members
- 1.5. In national and international tournaments for age group M16-17, F16-17, M18-34, F18-34 can be held competitions for the GRAND CHAMPION title:
 - 1.5.1. KATA GRAND CHAMPION: super final only for 1 and 2 place holders in GOSOKU and RENGOKAI;
 - 1.5.2. BUDO GRAND CHAMPION: super final only for 1 and 2 place holders in GOSOKU, RENGOKAI and KOBUDO

2. JUDGEMENT OF KATA TOURNAMENT

- 2.1. In kata competitions uses point and mixed judging system
- 2.2. The Panel of Judges:
 - 2.2.1. Point system: 1 central referee (SHUSHIN), 4 corner judges (FUKUSHIN) and the secretary will adjudicate each kata match;
 - 2.2.2. Mixed system. Preliminary rounds (the flag system): 1 central referee (SHUSHIN), 2 corner judges (FUKUSHIN) and the secretary. Final round (the point system): 1 central referee (SHUSHIN), 4 corner judges (FUKUSHIN) and the secretary;
- 2.3. Point system rounds :

category	rounds	go to the next round
GOSOKU, RENGOKAI, ALL-STILES (14-15, 16-17, 18-39 years, division "A")	3 rounds, minimum 2 rounds	8 people in the semi-final round 4 people in the final round

ALL-STILES (40-49, 50+ years)	2 rounds	4 people in the final round
KOBUDO	2 rounds	4 people in the final round
TEAM KATA	2 rounds	4 teams in the final round
GRAND CHAMPION	1 rounds	----

- 2.4. A mixed judging system used for ages 6-13 years (all categories) and includes:
 2.4.1. Preliminary competitions for the Olympic system to determine 4 finalists (the flag system);
 2.4.2. Final round (point system)

3. KATA CHOICE

- 3.1. Permitted kata:
 3.1.1. Allowed performance only kata from the official list of confessions karate style (Japan or Okinawa).
 3.1.2. Forbidden to perform their own versions of the kata;
 3.1.3. In the KATA GRAND CHAMPION athlete must perform only kata of category, from which he go in the super final.
 3.2. Allowed kata
 3.2.1. GOSOKU: kata from the official IKA kata list

Shitei	Sentei	Tokui
Kihon Ichi No Kata Kihon Yon No Kata Kime Ni No Kata Ryu No Kata Uke No Kata	Ni No Kata Kime No Kata Gosoku Gosoku Yondan	Denko Getsu Ri Kyu Tamashi Jyu Hachi No Tachi Gosoku Godan Jyu No Michi

- 3.2.2. RENGOKAI: kata from the official WUKF kata list;
 3.3. Participant chooses the kata allowed for his category.
 3.3.1. Point judging system: kata allowed:

Ages	Kata allowed			Same kata in the new rounds
	1 round	Semi final	Final	
14-15 years	Shitei or Sentei	Shitei or Sentei	Sentei or Tokui	are prohibited
16-17 years,	Shitei or Sentei	Shitei or Sentei	Sentei or Tokui	are prohibited
18-34 years	Shitei or Sentei	Shitei or Sentei	Sentei or Tokui	are prohibited
35 + years	--	Shitei or Sentei	Sentei or Tokui	are prohibited

- 3.3.2. Mixed judging system: kata allowed:

Ages	Kata allowed	
	Preliminaries	Final
6-9 years, 10-11 years	Shitei, same kata in all rounds	
10-11 years	Shitei, same kata in all rounds	Shitei,, new kata
12-13 years	Shitei,, allowed alternation	Shitei,, new kata

- 3.4. The choice of kata and weapons in KOBUDO:
 3.4.1. Athlete has the right to choose the weapons and kata of any traditional style (Japan or Okinawa). Kata should be standard with a strictly fixed sequence of movements and to have its traditional name;
 3.4.2. Repetition of kata is prohibited. In semi final and final round different weapons may be used;
 3.4.3. Allowed to use weapons only factory production. Prohibited the use of damaged or improvised weapons. Before the competition weapons must be checked and marked by judges in the participating

4. CRITERIA FOR KATA DECISION

- 4.1. Criteria for decision of kata GOSOKU, RENGOKAI and ALL-STILES in order of priority:
 4.1.1. The correct sequence, shape, direction of movements and rhythm kata performance, compliance submitted style;
 4.1.2. A correct understanding of the kata essence (BUNKAI);
 4.1.3. Concentration, focus of attention, balance and stability (KIME);
 4.1.4. Fighting spirit, coordination of movement, breathing and spirit (KIAI);
 4.1.5. Control of power, speed and rhythm, tension and contraction;
 4.1.6. Degree of the kata difficulty
 4.2. Criteria for decision of KOBUDO (Kt-KD). Apply the same criteria, as for karate kata with such additional criteria:
 4.2.1. The extent of weapons ownership, proper understanding of the nature and characteristics of the weapons used;
 4.2.2. Full control of weapons, ensuring safety for others;
 4.2.3. Synchronization techniques with weapons and techniques without weapons
 4.3. Criteria for decision of KATA GRAND CHAMPION. Apply the same criteria, as for GOSOKU, RENGOKAI and KOBUDO respectively

5. JUDGEMENT OF THE KATA MATCH BY POINT SYSTEM

- 5.1. In all rounds uses a single rating scale:
 5.1.1. The maximum score is 8.0 points;
 5.1.2. The minimum score is 6.0 points;
 5.1.3. 7.0 points will be awarded for kata basic performance, which provides: the following basic points of a particular style for particular age must appear in kata performance.
 5.2. Revaluation of 7.0 points on the evaluation of errors (table 8)

Errors	Minus 0,1 points	Minus 0,2-0,3 points	Minus 0,4-0,5 points
General for all categories	- A small technical error - A small unintended stop - A slight loss of balance,	- A large technical error - Repeated minor technical error - A slight change of pace or direction kata. - a significant an unexpected stop - Noticeable loss of balance, - A slight loss of concentration and decreased morale - Skip Kiai	- clearly lower overall technical level, - A significant change of pace or direction kata, - Long Stop - Significant loss of concentration and decreased morale, - Repeating a pass kiai,
KOBUDO (additionally)	- A small lack of full control of the weapon	- a significant lack of weapon control - The loss of control over weapons (without dropping the weapon),	- loss of weapons with immediate continuation of performance without disturbing the structure kata

- 5.3. Disqualification will be in such cases:
 5.3.1. If the contestant performs the wrong kata (inconsistency declared, kata doesn't of its style);
 5.3.2. If the kata is varied (a technique, a movement, etc.);
 5.3.3. Full stop, drop, or attempt to re-execute the kata;

- 5.3.4. Drop weapons which led to disruption of the structure kata KOBUDO;
 5.3.5. Use of dangerous techniques in KUBOJITSU program.
 5.4. For disqualification, the score will be 6.0.
 5.5. For advanced performance evaluation participant rises 7.0 points on the evaluation (table 9):

Improving evaluation		
0,1-02 points	0,2-0,3 points	0,4-0,5 points
- Excellent behavior, corresponding REIGI - The kata difficulty	exceeding the average level of fighting spirit, strength, power, speed, characteristic of this division or age group	a significant excess of the average level of fighting spirit, strength, power, speed, typical for this age group or division

6. THE FINAL RESULT

- 6.1. In the "flag system", when the referee calls for HANTEI, victory will be decided by the majority;;
 6.2. In the "point system", upon completion of the Kata, the referee shall call HANTEI for the judge's decisions. Immediately and simultaneously the referee and the judges will raise their score boards with their decisions. Winner will be the one with the highest total score. The Recorder shall record the announced scores on the proper form, and calculate the final score as follows: out of five scores received, the highest and lowest shall be deleted and the remaining three scores shall be totalled.
 6.3. An athlete, having a large total amount points for semifinal and final rounds, shall be the tournaments winner.
 6.4. Tie
 6.4.1. In the case of a tie in the round, to define the list of contestants for the next round, the minimum score from the remaining 3 scores (after the minimum and maximum scores were deleted) will be added to the total scores for that round. In the case of a continuing tie, the maximum score from the remaining 3 scores is then added to the total scores for that round. In the case of a continuing tie, the contestants must perform an additional and different kata;
 6.4.2. If participants, applying for medals, have an equal amount of points the semifinal and final rounds, they perform additional kata. In a further round judges must choose the best, exhibiting equal score is not permitted. If there is still no winner, a decision HANTEI must be taken by the judges panel based on the last kata performed. The referee and all the judges will use flags to determine the winner.

COMPETITION RULES OF GOSOKU RYU KARATE

KUMITE (short rules)

1. JUDGEMENT OF SHOBU-KUMITE COMPETITIONS

- 1.1. SHOBU-KUMITE competitions have two versions of the rules, which have minor differences:
 1.1.1. SHOBU-SANBON: Win by 3 IPPON or 6 WAZA-ARI (Km-ShS);
 1.1.2. SHOBU-NIHON: Win by 2 IPPON or 4 WAZA-ARI (Km-ShN)
 1.2. In national and international tournaments for Division "A" age group M16-17, F16-17, M18-34, F18-34 are eligible for competition for the GRAND KUMITE CHAMPION (Km-GChKm): Only athletes who took 1st and 2nd place in their weight categories are eligible.
 1.3. The Panel of Judges:
 1.3.1. In SHOBU KUMITE competitions Mirror judging system must be used to for each match;;
 1.3.2. The Panel of Judges on each tatami: 1 central Referee (SHUSHIN), 1 Mirror-judge (FUKUSHIN), 1 Arbitrator (KANSA) and the Timekeeper-secretary;
 1.4. PROTECTION EQUIPMENT used in SHOBU KUMITE:
 1.4.1. Mandatory Equipment::
 a. Mitts: red for AKA, white or blue for SHIRO, corresponding to their belt for that round
 b. Mouthguard
 c. Groin protectors under the Karate-Gi (for male kumite)
 1.4.2. Allowed Equipment:
 a. Shin protectors
 b. Chest protectors (for female kumite)
 1.5. Regulation of the SHOBU KUMITE match:
 1.5.1. Each match has one round;
 1.5.2. Duration of kumite match
 a. For the categories 6-13 years: 1.5 minutes (effective time) in all rounds;
 b. For the categories 14-17 and 35 + years: 2 minutes (effective time) in all rounds;
 c. For the categories 18-34 years: 2 minutes (effective time) in preliminary rounds and 3 minutes in finals
 1.5.3. 30 seconds before the actual end of the match must be signal ATOSHI BARAKU
 1.6. Victory may be awarded:
 1.6.1. Advance Win:
 a. By SANBON or NIHON: who scores first with the score total of either SANBON or NIHON depending on category, will be declared the winner
 b. By disqualification HANSOKU of opponent
 c. Forfeit by KIKEN of opponent
 1.6.2. Win by points:
 a. In the case of a contestant scoring at least one WAZA-ARI more than his opponent, he will automatically win
 b. In the case of a tie (equal score for a WAZA-ARI and IPPON) when time runs out, the winner is determined by the lesser amount of penalty points
 c. In the case of a continuing tie (equal penalty score), the referee declares a draw HIKIWAKE and 1 minute of extra time ENCHO SEN will be added to the match
 d. ENCHO-SEN will be decided by the first WAZA-ARI or IPPON (sudden death);
 e. If after Encho-Sen there is still no score, a decision (HANTEI) must be taken
 1.7. Criteria for deciding IPPON (2 points) and WAZA-ARI (1 point):
 1.7.1. Good form (technique, synchronization, position and balance)
 1.7.2. Right mental attitude, kime, zanshin
 1.7.3. Correct distancing, proper timing
 1.7.4. Compliance with the technique used
 1.7.5. Control and security
 1.8. The attack can be awarded of IPPON or WAZA-ARI only under these conditions:
 1.8.1. Was used scoring technique (paragraphs 3.14.)
 1.8.2. The attack was directed at the scoring area (paragraphs 3.15.)
 1.8.3. Not exceeded the degree of contact (paragraph 3.16.)
 1.9. Effective techniques delivered under the following conditions shall be considered as an IPPON if in a real fight would have such effect:
 1.9.1. A big reduction in the combat potential as a result of attacks in the most vulnerable areas of the body. Such attacks include:
 a. Effective controlled single punch or kick to the head, to which the opponent does not have time to react
 b. Effective controlled series of punches and kicks, one of which is directed to the head of the opponent
 1.9.2. Obtain positional advantage over an opponent, which makes it impossible for effective defenses. These include:

- a. A series of defensive and offensive actions with effective final technique to any permitted scoring area
 - b. Sweeps with loss of balance and an immediate (within 3 seconds) effective final punch or kick in any scoring area
 - c. A legal throw of the opponent with immediate (within 3 seconds) effective final punch or kick in any scoring area
- 1.9.3. Effective counter action by athlete, being in the potentially losing position. These are: effective punch or kick in position on the floor after sweep or throw conducted opponent
- 1.10. Forbidden and scoring techniques:
- 1.10.1. In SHOBU-SANBON or SHOBU-NIHON match same techniques can be both allowed and forbidden depending on the category:

(table 3)

Techniques	SHOBU-SANBON	SHOBU-NIHON
Straight punches TSUKI-WAZA: all forms TSUKI	scoring	scoring
Circular punches UCHI-WAZA: URAKEN, TETSUI, SHUTO, HAITO, TEISHO	scoring	forbidden
Jumping and ground punches TOBI-WAZA and TAORI-WAZA	scoring	forbidden
Straight and circular kicks GERI-WAZA: all forms of GERI: MAE, YOKO, MAWASHI, URAMAWASHI, USHIROMAWASHI	scoring	scoring
Jumping and ground kicks TOBI-WAZA and TAORI-WAZA	scoring	forbidden
Sweeps and urging: ASHI BARAI, MAWASHI-GERI	scoring	scoring
Throws	scoring	forbidden

- 1.10.2. Forbidden techniques for in all categories SHOBU-SANBON and SHOBU-NIHON:
- a. Any elbow techniques (EMPI)
 - b. Any knee techniques (HIZA GERI)
 - c. Any headers techniques (TSUZUKI)
 - d. Any punches or kicks with exceeded the degree of contact
 - e. Any punches in the eyes, throat or groin
 - f. Any attacks on the joints, clavicles, spine, or shoulder blades
 - g. Throws with a large amplitude that would prevent safe landing opponent, throwing over his shoulder or back, throws from the center of rotation above the hips
 - h. Any low blows, including circular strokes on the legs (like ASHI-BARAI), if they deemed above the knee of the opponent
 - i. Any levers, breaks, locks and chokes.
 - j. The fight on the ground.
 - k. Long-term (more 2 seconds) grab of the kimono without attempts to throw
- 1.11. The scoring area:
- 1.11.1. head (neck - only demonstration)
 - 1.11.2. face (except the eyes)
 - 1.11.3. neck (excluding the throat)
 - 1.11.4. thorax and abdomen
 - 1.11.5. side of the torso
 - 1.11.6. back (spine and shoulder blades – only demonstration)
- 1.12. Contact
- 1.12.1. Degree of contact.
- a. Attack without contact
 - b. Touching without injuries or damage
 - c. Contact with injuries or damage, including marked redness of the skin
- 1.12.2. Requirements for the degree of contact

(table 4):

Area	SHOBU-SANBON			SHOBU-NIHON		
	without contact	touching	contact	without contact	touching	contact
Head attack	scoring	scoring	forbidden	scoring	no scoring	forbidden
Torso attack	no scoring	scoring	forbidden	no scoring	scoring	forbidden
Final blow after a throw	scoring	scoring	forbidden	scoring	forbidden	forbidden

- 1.13. Forbidden actions/techniques, warnings and penalties. In SHOBU-SANBON and SHOBU-NIHON forbidden actions and techniques are dealt with under the following 3 lines: ATENAI, MUBOBI and JOGAI. For warnings the athlete must to have penalty points, which go in the protocol and are used to determine the winner in draw result.
- 1.13.1. ATENAI – a violation of the rules which carry risks for health of opponent or against the spirit of fair competition:
- a. The excess of the contact degree (both intentional and unintentional) on the scoring area, if the opponent is injured or damaged: hematoma, bruise, contusion, fracture, etc.
 - b. Intentional or unintentional attack into the forbidden area or attack with forbidden techniques
 - c. Aggressive behavior, clearly indicating the intention to injure the opponent
 - d. No regard for competitor safety in conducting opponent throws and takedowns
 - e. Repeated unintentional use of the forbidden or uncontrolled techniques
 - f. The attack after YAME!
 - g. Simulations, over-reacting to light contact, or falling unnecessarily
 - h. Any behavior likely to bring disrespect to karate (this includes coaches, managers and anybody connected with the contestant), the extent of which is not enough to declare SHIKKAKU
- 1.13.2. MUBOBI – a violation of the rules which carry risks for the contestant's own safety, or by technical unpreparedness, or committed with the purpose of avoiding the fight and delay time
- a. Disregard their own safety during the attack actions
 - b. Turning the back to the opponent or turning the head away during the attack or defensive actions
 - c. The use of uncontrolled techniques as a result of technical unpreparedness
 - d. Unintentional use of the forbidden techniques (no injury)
 - e. Chaotic non-effective techniques, as a result of technical unpreparedness
 - f. Avoidance of the fight to retain a victorious outcome. The last 30 seconds of the match shall be immediate MUBOBI-CHUI by passing MUBOBI-KEIKOKU
 - g. Intentional long TSUKAMI to snare opponents actions or cause delay
 - h. TSUKAMI of the attacked athlete after the throw (after touch the floor with any part of the body)
- 1.13.3. JOGAI – Exiting the TATAMI or touching the floor outside the match area with any part of the body. Deliberate exit of the TATAMI to retain the victorious outcome in the last 30 seconds of the match shall immediately be a JOGAI-CHUI bypassing JOGAI-KEIKOKU
- 1.13.4. Levels of penalties in SHOBU-SANBON and SHOBU-NIHON kumite:
- a. Private warning - without penalty points
 - b. Warning KEIKOKU: 1 penalty point
 - c. Official warning CHUI: 2 penalty points
 - d. Disqualification HANSOKU: contestant is disqualified in this category
- 1.13.5. Different lines have a different level of penalties (table 5):

Line of penalties	Forbidden actions			
	1st	2nd	3d	4th
ATENAI	official warning ATENAI-CHUI	disqualification ATENAI- HANSOKU		
MUBOBI	warning MUBOBI - KEIKOKU	official warning MUBOBI CHUI	disqualification MUBOBI - HANSOKU	
JOGAI	private warning JOGAI	warning JOGAI – KEIKOKU	official warning JOGAI CHUI	disqualification JOGAI - HANSOKU

- 1.13.6. Disqualification AWASETE HANSOKU will be declared an athlete who has CHUI on all three lines of penalties (6 penalty points).
- 1.14. SHIKAKU. It is a disqualification athlete or coach from the entire competition and it is given in the following cases:
- 1.14.1. When they commit an act which harms the prestige and honor of Karate-do, or when other actions are considered to violate the rules and spirit of Karate
- 1.14.2. When the contestants do not obey the orders of the Referee
- 1.14.3. When they make obscene or offensive gestures
- 1.14.4. When a contestant has acted maliciously, without thinking of the well-being of the other contestant
- 1.15. KIKEN. In case of delay in the match, voluntary refusal to continue fighting as a result of a minor injury not enough to award HANSOKU to the opponent, the athlete shall be declared the loser by KIKEN
- 1.16. Injuries and accidents
- 1.16.1. Only medical personnel, officially accredited to the competition, have the right to provide medical care. Only the Competition Doctor can make decisions concerning all matters about injuries, accidents or the physical condition of the contestants.
- 1.16.2. In the case of serious injury of the athlete (regardless of cause), the Referee shall immediately stop the match, at the same time call the Competition Doctor. If the athlete is unable to get up, the referee gives the signal to the Secretary-timekeeper to record 10 seconds.
- 1.16.3. Referee shall declare KIKEN by injured in such cases:
- If the athlete for 10 seconds could not get up and take a position of readiness
 - If an athlete has exceeded the allowed time staying at the doctor (3 minutes for once or 5 minutes for a total of match)
 - By doctor's decision
- 1.16.4. Victory or defeat after an injury or accident:
- If an athlete is injured as a result of forbidden actions of opponent, he declared KIKEN and victory NO-KACHI
 - If an athlete is injured without forbidden actions of opponent, he declared KIKEN and defeat MAKE
 - If both athletes are injured at the same time through their own fault, they both declared KIKEN and victory goes to the athlete who had the best sum of points at the time of the stop the fight
 - If both athletes are injured at the same time as a result of forbidden actions of opponent, they both declared KIKEN and disqualification ATENAI-HANSOKU or SHIKAKU
- 1.16.5. In a case where a contestant is declared KIKEN owing to an injury or any other physical reasons, on the basis of the advice by the Competition Doctor, he cannot continue to compete in the any event of this competition.



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